

7:11 PM  
C. Staton  
HSA # 34025

WAUCONDA INVITATIONAL - 4/24/2009

Results

**Girls 100 Meter Dash**

Meet Record: 12.40 \* 2005 Keli Coleman  
Field Record: 12.30 ! 2002 Sherlenin Green

Name	School	Finals
<b>Finals</b>		
1 Paul, Megan	Carmel	12.30! 10
2 Horvath, Erin	Grant Commun	12.70 8
3 Davis, Breha	Grant Commun	12.72 6
4 Boudreau, Alison	Deerfield	13.00 4
5 Dennis, Megan	Carmel	13.30 2
6 Smythe, Shawna	Round Lake S	13.70 1

**Girls 200 Meter Dash**

Meet Record: 27.00 \* 2005 Jessica Pryde  
Field Record: 25.80 ! 2002 Lamisha Hines

Name	School	Finals
<b>Finals</b>		
1 Paul, Megan	Carmel	25.70! 10
2 Umphress, Carley	Vernon Hills	28.10 8
3 Fowler, Megan	Carmel	28.20 6
4 Cuchna, Paige	Wauconda	29.40 4
5 Hicks, Meredith	Deerfield	29.60 2
6 Levitz, Lexie	Deerfield	29.90 1

**Girls 400 Meter Dash**

Meet Record: 58.10 \* 2004 Sandra Smith  
Field Record: 58.10 ! 2004 Sandra Smith

Name	School	Finals
1 Kennedy, Kendra	Grant Commun	1:01.80 10
2 Phu, Tiffany	Hampshire	1:02.40 8
3 MacCarthy, Annie	Lake Forest	1:03.40 6
4 Richartz, Stephanie	Carmel	1:03.50 4
5 Krue, Taylor	Vernon Hills	1:04.50 2
6 Hansen, Bert	Deerfield	1:05.00 1
7 Umphress, Carley	Vernon Hills	1:05.90
8 Tworck, Alyssa	Carmel	1:08.70
9 Hicks, Meredith	Deerfield	1:09.10
10 Cervantes, Alicia	Wauconda	1:09.50
11 Benjamin, Kallan	Lake Forest	1:11.20
12 Perales, Iliana	Wauconda	1:11.70
13 Castellanos, Andra	Round Lake S	1:13.50
13 Kanyendo, Mutinta	Round Lake S	1:13.50
15 Jackson, A	Roberto Clemente	1:32.80

**Girls 800 Meter Run**

Meet Record: 2:17.40 \* 2005 Pam Staton  
Field Record: 2:17.40 ! 2005 Pam Staton

Name	School	Finals
1 Halford, Hilary	Carmel	2:27.90 10
2 Barry, Rebecca	Deerfield	2:30.60 8
3 Micelli, Bonnie	Carmel	2:32.10 6
4 Jarvis, Sammy	Deerfield	2:36.70 4
5 Sichert, Liz	Hampshire	2:37.90 2
6 Eldridge, Zae	Vernon Hills	2:38.40 1
7 Collier, Ashley	Wauconda	2:44.50
8 Stendebach, Sarah	Wauconda	2:47.30
9 George, Kelsey	Vernon Hills	2:47.40

10 Virilla, Nina	Lake Forest	2:49.40
11 Cepaite, Olivija	Lake Forest	2:54.50
12 Jackson, A	Roberto Clemente	2:57.80
13 Sales, Jill	Grant Commun	2:59.40
14 Caul, Kristin	Hampshire	3:02.70
15 Carrothers, Audrey	Grant Commun	3:06.50
16 Briones, Elena	Round Lake S	3:11.00
17 Campo, Cassandra	Round Lake S	3:24.90
18 Hernandez, A	Roberto Clemente	3:40.00

**Girls 1600 Meter Run**

Meet Record: 5:20.00 \* 2007 Kendra Kennedy  
Field Record: 5:13.20 ! 2004 Katie Ellis

Name	School	Finals
1 Dickman, Danielle	Vernon Hills	5:29.30 10
2 Kruse, Cassie	Hampshire	5:40.10 8
3 Gallagher, Kelley	Vernon Hills	5:43.50 6
4 Haberman, Katie	Deerfield	5:44.40 4
5 Ehrenreich, Katherine	Deerfield	5:46.90 2
6 Plichta, Holly	Hampshire	6:01.40 1
7 Myss, Sarah	Carmel	6:04.10
8 Mikenas, Megan	Wauconda	6:14.00
9 Cook, Maureen	Grant Commun	6:23.80
10 Cepaite, Olivija	Lake Forest	6:30.30
11 Acosta, Celeste	Round Lake S	6:31.20
12 Matherne, Allie	Lake Forest	6:46.60
13 Carrey, Ashley	Round Lake S	6:48.40

**Girls 3200 Meter Run**

Meet Record: 11:43.20 \* 2007 Danielle Dickman  
Field Record: 11:20.50 ! 1992 Laura Witek

Name	School	Finals
1 Dickman, Danielle	Vernon Hills	12:09.00 10
2 Plichta, Holly	Hampshire	12:36.10 8
3 Haberman, Katie	Deerfield	12:45.80 6
4 Pasiewicz, Alyssa	Grant Commun	12:56.20 4
5 Carrothers, Audrey	Grant Commun	12:56.90 2
6 Dennis, Natalie	Deerfield	12:59.30 1
7 Michelau, Samantha	Wauconda	13:11.50
8 Mikenas, Megan	Wauconda	13:19.30
9 Fiarito, Danielle	Vernon Hills	14:12.20
10 Acosta, Celeste	Round Lake S	14:59.20
11 Carrey, Ashley	Round Lake S	15:09.70
12 Pacey, Laurel	Hampshire	15:51.60

**Girls 100 Meter Hurdles**

Meet Record: 16.00 \* 2005 Kirsten Nozime  
Field Record: 15.60 ! 2002 Kristin Swanson

Name	School	Finals
<b>Finals</b>		
1 Howell, Shannon	Carmel	15.90* 10
2 Boudreau, Alison	Deerfield	16.50 8
3 Hucker, Danielle	Wauconda	18.50 6
4 Cortesi, Cara	Deerfield	18.70 4
5 Chomenko, Autumn	Hampshire	19.40 2
6 Ryan, Susan	Carmel	19.42 1

## WAUCONDA INVITATIONAL - 4/24/2009

## Results

## Girls 300 Meter Hurdles

Meet Record: 48.00 \* 2001  
Field Record: 47.00 ! 1992

Maggie Olczyk  
Hamlin

Name	School	Finals
1 Howell, Shannon	Carmel	47.50* 10
2 Boudreau, Alison	Deerfield	48.20 8
3 Horvath, Erin	Grant Commun	51.60 6
4 Chomenko, Autumn	Hampshire	53.00 4
5 Ryan, Susan	Carmel	54.00 2
6 Ballard, Jeanna	Hampshire	55.10 1
7 Letts, Abbie	Vernon Hills	55.20
8 Smiley, Alex	Deerfield	55.90
9 Hucker, Daniella	Wauconda	56.10
10 Zitkus, Ana	Grant Commun	56.20
11 Kaminski, Jessica	Lake Forest	56.40
12 Konstant, Natalic	Lake Forest	56.50
13 Archibald, Nycole	Round Lake S	56.60
14 Curtis, Sharelle	Round Lake S	1:04.30
15 Glenn, Megan	Wauconda	1:04.32

## Girls 4x100 Meter Relay

Meet Record: 51.90 \* 2001  
Field Record: 50.80 ! 2002

Hampshire H.S.  
North Chicago H.S.

Team	Relay	Finals
1 Carmel	A	51.80* 10
1) Dennis, Megan	2) Halford, Hilary	
3) Paul, Megan	4) Howell, Shannon	
2 Deerfield	A	53.80 8
1) Berger, Emma	2) Kwalwaser, Alison	
3) Levitz, Lexie	4) Hicks, Meredith	
3 Wauconda	A	55.80 6
1) DaCosta, Janelle	2) Cuchna, Paige	
3) Vlaovic, Tori	4) Osler, Felicia	
4 Lake Forest Academy	A	55.82 4
1) Garard, Liz	2) Konstant, Natalie	
3) MacCarthy, Annie	4) Stricker, Sarah	
5 Round Lake Senior	A	56.00 2
1) Smythe, Shawna	2) Aguilar, Natalie	
3) Kalume, Grace	4) Kalume, Mimi	
6 Hampshire	A	56.40 1
1) Ballard, Jeanna	2) Jarvis, Brittany	
3) Chomenko, Autumn	4) Chavez, Raquel	
7 Vernon Hills	A	56.80
1) Lira, Rachel	2) Rowland, Stacy	
3) Umphress, Courtney	4) Krue, Taylor	
8 Grant Community	A	57.80
1) Hershecc, Kim	2) Olsen, Delanie	
3) Currie, Christina	4) Cerrone, Anna	

## Girls 4x200 Meter Relay

Meet Record: 1:50.50 \* 2001  
Field Record: 1:46.40 ! 2002

Hampshire H.S.  
North Chicago H.S.

Team	Relay	Finals
1 Carmel	A	1:53.40 10
1) Dennis, Megan	2) Jung, Jackie	
3) Fowler, Megan	4) Gutkowski, Steph	

2 Grant Community	A	1:55.60 8
1) Cwiak, Tara	2) Cook, La Ricia	
3) Davis, Breha	4) Olsen, Delanie	
3 Lake Forest Academy	A	1:57.30 6
1) Becerly, Onyckwuluje	2) Rich, Rachel	
3) Somers, Rebecca	4) Fybel, Rachel	
4 Wauconda	A	1:58.10 4
1) DaCosta, Janelle	2) Miller, Christina	
3) Vlaovic, Tori	4) Osler, Felicia	
5 Deerfield	A	1:58.70 2
1) Cortesi, Cara	2) Levitz, Lexie	
3) Ram, Carson	4) Smiley, Alex	
6 Roberto Clemente	A	1:59.80 1
7 Hampshire	A	2:00.80
1) Carozza, Marissa	2) Schmidt, Stacy	
3) Chavez, Raquel	4) Chomenko, Autumn	
8 Vernon Hills	A	2:01.40
1) Lira, Rachel	2) Rowland, Stacy	
3) Umphress, Courtney	4) Brown, Marissa	

## Girls 4x400 Meter Relay

Meet Record: 4:11.70 \* 2008  
Field Record: 4:08.90 ! 2002

Carmel Catholic High School  
Lake Forest H.S.

Team	Relay	Finals
1 Deerfield	A	4:15.90 10
1) Boudreau, Alison	2) Jarvis, Sammy	
3) Hansen, Bert	4) Hanusa, Tara	
2 Carmel	A	4:19.00 8
1) Gutkowski, Steph	2) Jung, Jackie	
3) Richartz, Stephanie	4) Nerup, Nicole	
3 Grant Community	A	4:22.70 6
1) Kennedy, Kendra	2) Cwiak, Tara	
3) Davis, Breha	4) Pasiewicz, Alyssa	
4 Hampshire	A	4:28.80 4
1) Ballard, Jeanna	2) Chomenko, Autumn	
3) Carozza, Marissa	4) Schmidt, Stacy	
5 Wauconda	A	4:40.20 2
1) Collier, Ashley	2) Struwing, Renee	
3) Miller, Christina	4) Stendebach, Sarah	
6 Roberto Clemente	A	4:40.90 1
7 Lake Forest Academy	A	4:41.70
1) Benjamin, Kellan	2) MacCarthy, Annie	
3) Garard, Liz	4) Rich, Rachel	
8 Vernon Hills	A	4:48.00
1) Eldridge, Zoe	2) Lira, Rachel	
3) Letts, Abbie	4) Umphress, Courtney	
9 Round Lake Senior	A	5:19.60
1) Castellanos, Andrea	2) Linville, Ashley	
3) Kanyendo, Mutinta	4) Briones, Elena	

## Girls 4x800 Meter Relay

Meet Record: 10:19.10 \* 2004  
Field Record: 9:42.50 ! 2002

Grant H.S.  
Lake Forest H.S.

Team	Relay	Finals
1 Deerfield	A	10:18.10* 10
1) Barry, Rebecca	2) Hanusa, Tara	
3) Jarvis, Sammy	4) Ehrenreich, Katherine	

## WAUCONDA INVITATIONAL - 4/24/2009

## Results

## (Girls 4x800 Meter Relay)

Team	Relay	Finals	
2 Hampshire	A	10:19.80	8
1) Ballard, Jeanna	2) Chomenko, Autumn		
3) Caul, Kristin	4) Sichi, Liz		
3 Vernon Hills	A	10:59.80	6
1) Eldridge, Zac	2) Lens, Abbie		
3) George, Kelsey	4) Gallagher, Kelley		
4 Carmel	A	11:00.00	4
1) Berg, Marybeth	2) Tworek, Alyssa		
3) Wenson, Erika	4) Migliarese, Jackie		
5 Grant Community	A	11:03.60	2
1) Capps, Alexis	2) Sales, Jill		
3) Pasiewicz, Alyssa	4) Kennedy, Kendra		
6 Wauconda	A	11:21.70	1
1) Collier, Ashley	2) Perales, Iliana		
3) Richards, Katie	4) Stendebach, Sarah		
7 Lake Forest Academy	A	11:56.20	
1) Cepait, Olivija	2) Mathome, Allie		
3) Virilla, Nina	4) Jon. Mary		
8 Roberto Clemente	A	12:36.00	
9 Round Lake Senior	A	12:44.00	
1) Acosta, Celeste	2) Carrey, Ashley		
3) Briones, Elena	4) Alonso, Linda		

## Girls High Jump

Meet Record: 5-01 \* 2002 Jessie Traber  
Field Record: 5-05 ! 1989 Molly Shanks

Name	School	Finals	
1 Krue, Taylor	Vernon Hills	4-08.00	10
2 Struwing, Rence	Wauconda	4-08.00	8
3 Smiley, Alex	Deerfield	4-08.00	6
4 Ryan, Susan	Carmel	4-06.00	4
5 Herschee, Kim	Grant Commun	4-06.00	2
6 DaCosta, Janelle	Wauconda	4-04.00	1
7 Gawin, Adrianna	Carmel	4-04.00	
8 Garard, Liz	Lake Forest	4-04.00	
9 Berger, Emma	Deerfield	4-04.00	
10 Benjamin, Kallan	Lake Forest	4-02.00	
11 Thillen, Daryian	Grant Commun	4-00.00	

## Girls Pole Vault

Meet Record: 9-09 \* 2008 Stephanie Richartz  
Field Record: 11-00 ! 2002 Liz Proctor

Name	School	Finals	
1 Richartz, Stephanie	Carmel	10-00.00*	10
2 Collier, Ashley	Wauconda	8-00.00	8
3 Ziegler, Katie	Deerfield	7-06.00	6
4 Ram, Carson	Deerfield	7-06.00	4
5 Krusc, Cassie	Hampshire	7-00.00	1.5
5 Phau, Tiffany	Hampshire	7-00.00	1.5
7 Pokrop, Emily	Carmel	6-06.00	
8 Cerrone, Anna	Grant Commun	6-00.00	

## Girls Long Jump

Meet Record: 15-06 \* 2005 Holly Becker  
Field Record: 17-03.50 ! 2002 Sherlenia Green

Name	School	Finals	
<b>Finals</b>			
1 Berger, Emma	Deerfield	14-04.50	10
2 Struwing, Rence	Wauconda	14-02.50	8
3 Becorly, Onyekwuluje	Lake Forest	14-02.00	6
4 Davis, Breha	Grant Commun	14-00.50	4
5 Medro, Melissa	Deerfield	13-11.00	2
6 Thumel, Alison	Carmel	13-09.00	1
7 Fowler, Megan	Carmel	13-05.00	

## Girls Triple Jump

Meet Record: 32-11 \* 1998 Jamie Huber  
Field Record: 34-01 ! 1998 O'Neill

Name	School	Finals	
<b>Finals</b>			
1 Gray, Arielle	Deerfield	32-08.00	10
2 Weiss, Mari	Deerfield	31-01.00	8
3 Kaminski, Jessica	Lake Forest	30-02.50	6
4 Miller, Christina	Wauconda	30-00.00	4
5 Fowler, Megan	Carmel	29-10.50	2
6 Thumel, Alison	Carmel	29-03.00	1
7 Carrozza, Marissa	Hampshire	29-02.25	

## Girls Shot Put

Meet Record: 45-10.25 \* 2008 Bailey Wagner  
Field Record: 45-07 ! 2007 Bailey Wagner

Name	School	Finals	
<b>Finals</b>			
1 Rucks, Jamie	Vernon Hills	37-00.00	10
2 Edwards, Myra	Round Lake S	35-00.00	8
3 Holze, Autumn	Hampshire	33-04.50	6
4 Osler, Felicia	Wauconda	32-02.50	4
5 Barthiamuc, Sarah	Grant Commun	30-09.50	2
6 Thomas, Raven	Deerfield	30-08.50	1
7 Summerville, Roslyn	Wauconda	30-05.00	

## Girls Discus Throw

Meet Record: 154-07 \* 2008 Bailey Wagner  
Field Record: 143-11.2 ! 2007 Bailey Wagner

Name	School	Finals	
<b>Finals</b>			
1 Luedtke, Macy	Hampshire	109-02.50	10
2 Edwards, Myra	Round Lake S	97-00.50	8
3 McMillan, Becca	Grant Commun	96-08	6
4 Summerville, Roslyn	Wauconda	95-11	4
5 Rucks, Jamie	Vernon Hills	94-04	2
6 Holze, Autumn	Hampshire	85-05	1
7 White, Danielle	Grant Commun	85-02	

Meet Record: 5:20.00 \* 2007 Kendra Kennedy  
Field Record: 5:13.20 ! 2004 Katie Ellis

WAUCONDA INVITATIONAL - 4/24/2009

Results

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1) Deerfield	130
2) Carmel	121
3) Hampshire	67
4) Grant Community	66
5) Vernon Hills	65
6) Wauconda	60
7) Lake Forest Academy	28
8) Round Lake Senior	19
9) Roberto Clemente	2